

# PROTECTING POLLINATOR HEALTH

## West

### Understanding Our Pollinators



### Creating a Pollinator-Friendly Garden

A balanced bee diet includes nectar and pollen. Planting a variety of pollinator-friendly plants gives pollinators multiple flower shapes and continuous blooms from which to choose.

- 1.** Choose *native flowers and plants* when planning your garden.
- 2.** Select plants with a *variety of flower colors, shapes and sizes*.
- 3.** *Clustered flowers of one species* will attract more pollinators than individual plants.
- 4.** A healthy pollinator garden offers bees clean water sources scattered throughout.

### Choosing Pollinator-Friendly Plants



Sunflowers



California Poppy

\*Hooven, L., et al. [www.oregonstate.edu](http://www.oregonstate.edu) <<http://www.oregonstate.edu/>> , 2013, [catalog.extension.oregonstate.edu/sites/catalog/files/project/pdf/pnw591.pdf](http://catalog.extension.oregonstate.edu/sites/catalog/files/project/pdf/pnw591.pdf).